

## 04 Health policy

Alongside associated procedures in 04.01 to 04.10 Health, this policy was adopted by Little Doves Christian Pre-School on 2<sup>nd</sup> September 2021, reviewed in August 2022, July 2023 and August 2024.

### Aim

Little Doves CP is a suitable, clean and safe place for children to be cared for, where they can grow and learn. All statutory requirements for promoting health and hygiene are met and the criteria for meeting the relevant Early Years Foundation Stage Safeguarding and Welfare requirements are fulfilled.

### Objectives

Health is promoted through:

- ensuring emergency and first aid treatment is given where necessary
- ensuring that medicine necessary to maintain health is given correctly and in accordance with legal requirements
- identifying allergies and preventing contact with the allergenic substance
- identifying food ingredients that contain recognised allergens and displaying this information for parents/carers
- promoting health through taking necessary steps to prevent the spread of infection and taking appropriate action when children are ill
- promoting healthy lifestyle choices through diet and exercise
- supporting parents/carers right to choose complementary therapies
- pandemic flu planning or illness outbreak management as per DfE and World Health Organisation (WHO) guidance

### Legal references

Medicines Act (1968)

Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013 (RIDDOR)

Control of Substances Hazardous to Health (COSHH) Regulations (2002)

Health and Safety (First Aid) Regulations 1981

Food Information Regulations 2014

### Further guidance

Accident Record (Early Years Alliance 2019)