



Where to start

Are you looking for help with your child's education, health or care needs, but you're not sure where to start?

Follow the steps below.

1

I think my child needs help

Visit the Essex Local Offer and take a look at the **'I think my child needs help'** section.



2

Getting additional support

If your child needs extra help, there are people who will work with you to put together a **support plan** for them.



3

SEND advice and guidance

If your child already has support but they need more help, find further **advice and guidance**.



4

Local support

Find other local services and groups in Essex using the **Local Offer Directory**.



Visit the Essex Local Offer
send.essex.gov.uk





Visit the Essex Local Offer
send.essex.gov.uk

The Essex Local Offer gives information about support available in Essex for children and young people aged between 0 to 25, with Special Needs and Disabilities (SEND).

You can use the Local Offer to:

- understand what to do if you're new to SEND
- browse for local support such as support groups, fun activities or specialist healthcare
- find out what to do in a complex situation, for example if you need to appeal a decision
- get advice for young adults with SEND, such as housing and employment support

Additional services that can help children and young people with specific needs include:

Talk, Listen and Cuddle (TLC)

Essex Child and Family Wellbeing Service

If you would like to talk to face-to-face with services who can support with additional needs, why not come along to a **Local Offer Roadshow?**